

10 recommendations for *Getting to “Capable”*

1. Provide educational material for both disorders
2. Revise agency mission statement or develop a program service statement
3. Implement one of the NYS-recommended standardized screening instruments
4. Use assessment data to inform the treatment plan
5. Encourage the discussion of co-occurring issues in all group and individual sessions
6. Ensure that all groups include mental health and substance use content
7. Offer a psycho-educational class on COD and or a Dual Recovery group to create a “home” for co-occurring disorders in the program schedule
8. Provide formal and structured supervision (both group and individual) on a regular basis
9. Include both substance use and mental health treatment in discharge plans and provide sufficient medication to last until continuing care has been established
10. Establish an annual workforce development plan that includes co-occurring trainings, specifically enroll staff in FIT web-based learning and use TIP 42 and its associated training curriculum.

Easy to Employ & Conserves Resources